

Scott A. Rivkees, MD State Surgeon General

Vision: To be the Healthiest State in the Nation

Dear Parent(s) or Legal Guardian(s) of <u>Student's Name</u>

Florida Department of Health in Nassau County (DOH-Nassau) has been notified that your child, who attends <a href="https://www.school.s

He or she will need to isolate at home and may return to school on date \_\_\_\_\_\_, as long as he or she has been fever-free for at least 24 hours and any symptoms are improving. The child may only return to school before this date if the student receives a negative diagnostic COVID-19 test that has received Emergency Use Authorization or full approval by the Food and Drug Administration (FDA) and is used in the same manner specified by FDA's authorization or approval and is asymptomatic or the student receives written permission to return to school from a medical provider.

Isolation is intended to keep someone who is infected with COVID-19 away from others, even in their home, to prevent the spread of COVID-19 to others. Please monitor all other household members for <u>symptoms of COVID-19</u>. If you notice any symptoms, immediately see your medical provider for further evaluation and testing. Siblings who have been within 6 feet of a student or individual who tested positive for COVID-19 for more than 15 minutes should not attend school and the parent(s) or legal guardian(s) should notify the school or local county health department for further guidance on quarantine protocols.

COVID-19 is a respiratory illness spread mainly from person-to-person through respiratory droplets which are produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths and noses of people who are nearby or possibly be inhaled into the lungs. COVID-19 may be spread by people who are not showing symptoms which is why keeping exposed individuals separated from others is important.

Symptoms may appear 2 to 14 days after exposure to the virus. The <u>most common symptoms</u> associated with COVID-19 are fever, cough and difficulty breathing. If symptoms develop in your child, seek medical care and get tested.

The best way to prevent illness is by limiting exposure to the virus.

- Maintain physical distance of at least 6 feet from others.
- Cover your mouth and nose with a cloth face covering when around others.
- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
- Routinely clean and disinfect frequently touched surfaces.

If you have any questions, please call the Florida Department of Health in Nassau County at 904-875-6100. More information about COVID-19 is available from the Centers for Disease Control and Prevention on its website <u>www.cdc.gov/covid19</u>.

